



# Advanced Pain Control, Ltd.

12345 West Bend Drive • Suite 302 • St. Louis, MO 63128

Phone: 314-729-0707 • Fax: 314-729-0718

www.apc12345.com

## INITIAL VISIT PATIENT QUESTIONNAIRE

Patient Name: \_\_\_\_\_

Referred by:  Physician  Self  Other: \_\_\_\_\_

Referring Physician:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Primary Care Physician

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Case Manager:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Attorney: (if involved in litigation regarding your pain)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

1) Please list all **diagnostic tests** performed for this condition.

<u>TEST</u>	<u>DATE</u>	<u>FACILITY</u>
Plain X-rays	_____	_____
CT Scan	_____	_____
MRI Scan	_____	_____
EMG	_____	_____
Bone Scan	_____	_____
Discogram	_____	_____
Myelogram	_____	_____
Other:	_____	_____

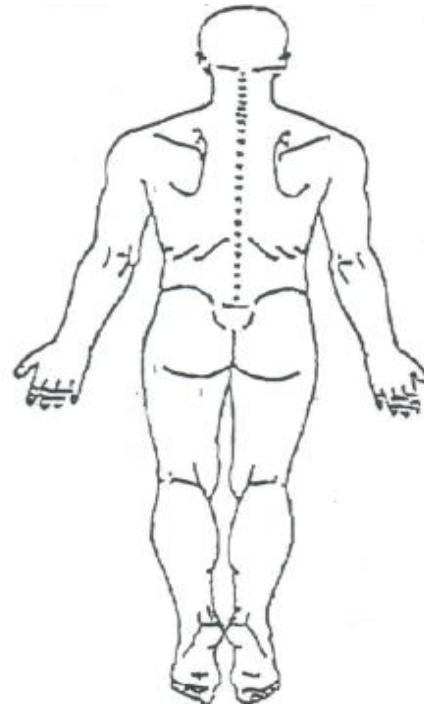
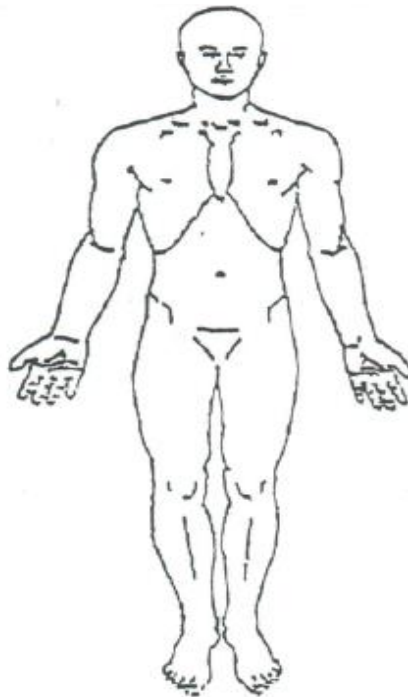
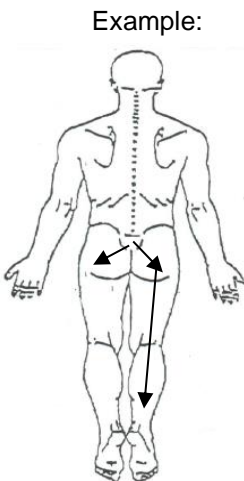
2) Please indicate the location of the pain on the figure below:

RIGHT

LEFT

LEFT

RIGHT



3) Where is the pain located for which you are seeking treatment: \_\_\_\_\_ (example: back, neck, leg)

---

4) Where does the pain spread to? \_\_\_\_\_ (example: leg, arm, hand)

---

5) Is your pain associated with \_\_\_\_\_  numbness \_\_\_\_\_  tingling \_\_\_\_\_  weakness  
If yes, where? \_\_\_\_\_

---

6) How old are you? \_\_\_\_\_ years old

7) What is the date of onset for your symptoms? \_\_\_\_\_ (date)

8) How were you injured or how did this pain **first start**?  
 Sudden onset, no apparent cause       Injured at work  
 Gradual onset, no apparent cause       Auto Accident  
 Lifting       Hit from behind  
 Twisting       Sports  
 Fall       Other: \_\_\_\_\_  
 Bending  
 Pulling

9) What **type of treatment** have you received?  
Check all that apply.

- |                                    |                                   |
|------------------------------------|-----------------------------------|
| _____ Physical Therapy             | _____ TENS unit                   |
| _____ Chiropractic treatment       | _____ Acupuncture                 |
| _____ Massage                      | _____ Biofeedback                 |
| _____ Back brace                   | _____ Epidural steroid injections |
| _____ Anti-inflammatory medication | _____ Trigger point injections    |
| _____ Muscle relaxant medication   | _____ Facet joint injections      |
| _____ Anti-depressant medication   | _____ Nerve blocks                |
| _____ Narcotic pain medication     | _____ Surgery                     |
| _____ Hot pack                     | _____ Other: _____                |
| _____ Ice                          |                                   |

10) Check all words that **best describe** your symptoms:

- |                    |                      |
|--------------------|----------------------|
| _____ Intermittent | _____ Shooting       |
| _____ Constant     | _____ Burning        |
| _____ Dull         | _____ Cramping       |
| _____ Aching       | _____ Nagging        |
| _____ Throbbing    | _____ Numbing        |
| _____ Sharp        | _____ Radiating      |
|                    | _____ Hypersensitive |

If needed, list any other words that better describe your pain?  
\_\_\_\_\_

11) Check all situations that **worsen** your pain or symptoms:

- |                                   |                        |                                       |
|-----------------------------------|------------------------|---------------------------------------|
| _____ General activity / exercise | _____ Rest             | _____ Sneezing                        |
| _____ Bending forward             | _____ Coughing         | _____ Night                           |
| _____ Bending backward            | _____ Standing         | _____ Weather changes                 |
| _____ Climbing stairs             | _____ Sitting          | _____ Walking                         |
| _____ Touching skin               | _____ Stretching       | _____ Moving from sitting to standing |
| _____ Massage                     | _____ Stress / Tension |                                       |

12) Check all that **decrease** your pain or symptoms:

- |                  |                     |
|------------------|---------------------|
| _____ Lying down | _____ Applying ice  |
| _____ Sitting    | _____ Applying heat |
| _____ Walking    | _____ Massage       |
|                  | _____ Other: _____  |

13) Rate your pain on a scale ranging from **0** (no pain) to **10** (worst pain possible):

**CURRENT** pain: \_\_\_\_\_ / 10

**BEST** in last 30 days: \_\_\_\_\_ / 10

**WORST** in last 30 days: \_\_\_\_\_ / 10

14) Please list any **allergies** to medications:  **NO KNOWN DRUG ALLERGIES**

ALLERGIES: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

15) What medications have you tried in the past which have **NOT** successfully relieved your pain?  
(example: Motrin, Tylenol, Darvocet, etc.)

\_\_\_\_\_

16) **LIST ALL MEDICATIONS** you are presently taking: (include non-prescription and vitamins)  
Including all pain medication.

Current Medications	Dose	How often do you take it?	How long?	Prescribing Doctor's Name

If more, please attach list to this questionnaire.

17) Do you have or have you had any of the following **medical conditions**?

- | Yes                      | No                                                 | Yes                      | No                                                     |
|--------------------------|----------------------------------------------------|--------------------------|--------------------------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> Arthritis                 | <input type="checkbox"/> | <input type="checkbox"/> Hepatitis A / B / C           |
| <input type="checkbox"/> | <input type="checkbox"/> Bleeding disorder         | <input type="checkbox"/> | <input type="checkbox"/> HIV / AIDS                    |
| <input type="checkbox"/> | <input type="checkbox"/> Bowel/Bladder problem     | <input type="checkbox"/> | <input type="checkbox"/> High Blood Pressure           |
| <input type="checkbox"/> | <input type="checkbox"/> Breathing problems/asthma | <input type="checkbox"/> | <input type="checkbox"/> Joint problems                |
| <input type="checkbox"/> | <input type="checkbox"/> Cancer                    | <input type="checkbox"/> | <input type="checkbox"/> Migraine headaches            |
| <input type="checkbox"/> | <input type="checkbox"/> Diabetes                  | <input type="checkbox"/> | <input type="checkbox"/> Seizures                      |
| <input type="checkbox"/> | <input type="checkbox"/> Depression                | <input type="checkbox"/> | <input type="checkbox"/> Sleep disturbance             |
| <input type="checkbox"/> | <input type="checkbox"/> Gout                      | <input type="checkbox"/> | <input type="checkbox"/> Stomach / Intestinal problems |
| <input type="checkbox"/> | <input type="checkbox"/> Head injury               | <input type="checkbox"/> | <input type="checkbox"/> Stroke / Neurological disease |
| <input type="checkbox"/> | <input type="checkbox"/> Heart disease             | <input type="checkbox"/> | <input type="checkbox"/> Stomach ulcers                |

List any other medical problems: \_\_\_\_\_  
\_\_\_\_\_

18) Please list all past **surgeries**.  No past surgery.

<u>Date</u>	<u>Type of Surgery</u>
_____	_____
_____	_____
_____	_____

**FAMILY HISTORY**

19) Do any diseases run in your family?

- | Yes                      | No                                                  | Yes                      | No                                           |
|--------------------------|-----------------------------------------------------|--------------------------|----------------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> allergies                  | <input type="checkbox"/> | <input type="checkbox"/> high blood pressure |
| <input type="checkbox"/> | <input type="checkbox"/> arthritis                  | <input type="checkbox"/> | <input type="checkbox"/> kidney disease      |
| <input type="checkbox"/> | <input type="checkbox"/> asthma                     | <input type="checkbox"/> | <input type="checkbox"/> liver disease       |
| <input type="checkbox"/> | <input type="checkbox"/> blood disorder             | <input type="checkbox"/> | <input type="checkbox"/> lower back pain     |
| <input type="checkbox"/> | <input type="checkbox"/> cancer                     | <input type="checkbox"/> | <input type="checkbox"/> lung disease        |
| <input type="checkbox"/> | <input type="checkbox"/> connective tissue disorder | <input type="checkbox"/> | <input type="checkbox"/> osteoporosis        |
| <input type="checkbox"/> | <input type="checkbox"/> diabetes                   | <input type="checkbox"/> | <input type="checkbox"/> seizures            |
| <input type="checkbox"/> | <input type="checkbox"/> epilepsy                   | <input type="checkbox"/> | <input type="checkbox"/> stroke              |
| <input type="checkbox"/> | <input type="checkbox"/> gouty arthritis            | <input type="checkbox"/> | <input type="checkbox"/> stomach ulcer       |
| <input type="checkbox"/> | <input type="checkbox"/> heart disease              | <input type="checkbox"/> | <input type="checkbox"/> thyroid disease     |

**SOCIAL HISTORY**

- 20) What is your marital status?  Single  
 Married  
 Divorced  
 Widowed
- 21) Which is your dominant hand?  Left  
 Right  
 Ambidextrous
- 22) Do you drink alcohol?  No  Occasionally  Frequently
- 23) Do you smoke cigarettes? \_\_\_\_\_ No  
\_\_\_\_\_ Yes If yes: 1/4, 1/2, 1, 2, 3 packs per day

24) What is your current occupation? \_\_\_\_\_

**REVIEW OF SYSTEMS**

25) Do you have or have you had any of the following symptoms related to your present condition?

Weight loss	Yes _____	No _____
Weight gain	Yes _____	No _____
Fever / chills / night sweats	Yes _____	No _____
Dizziness	Yes _____	No _____
Nausea / Vomiting	Yes _____	No _____
Bruising	Yes _____	No _____
Asthma	Yes _____	No _____
Angina	Yes _____	No _____
Blood clots	Yes _____	No _____
Abdominal pain	Yes _____	No _____
Change in urinary / bowels habits	Yes _____	No _____
Difficulty sleeping	Yes _____	No _____
Back pain	Yes _____	No _____
Neck pain	Yes _____	No _____
Weakness or numbness in the arms or legs	Yes _____	No _____

**Females only:**

Is there any possibility you are **pregnant**? Yes \_\_\_\_\_ No \_\_\_\_\_

Last menstrual period date: \_\_\_\_\_